

What are LTGs?

- LTGs are groups of two or three people of the same sex.
- LTGs meet weekly, for about an hour, for mutual encouragement and accountability.
- There is no leader, training or workbook needed.
- LTGs aim to achieve just 3 things:
 1. **Confessing** sins to one another.
(James 5:16)
 2. **Reading** agreed scripture passages between meetings. *(Col. 3:16)*
 3. **Praying** for one another and for our not-yet-Christian contacts. *(Acts 7:27)*

So, **LTGs** are a simple, but powerful way to promote life transformation and the reproduction of disciples. It is recommended that the group not grow past three, but multiply into groups of two once the fourth person has joined.

Who can be in an LTG?

There are only two qualifications for starting or joining an LTG.

1. A strong desire to grow in Christ.
(Eph 4:15)
2. Faithfulness in the process itself.
(Eccl.9.10)

A lack of either of these will slow down or derail the progress of the group.

When you meet

1. **Start** with the conversation questions overleaf. Beginning with confession tends to make for a good quality time throughout! Each person takes turns answering the same questions. Aim for an open, honest sharing of hearts – remember, nobody's perfect yet!

2. **Review** the scriptures read during the week. Each group decides on a book of the Bible they will read that week. The aim is to develop a greater appetite for God's word, which will bear a harvest of transformation in our lives as we act on it.

As a goal, aim to read 20 or so chapters a week. So, if you've selected a short book, you might read it through several times in a week. A longer book might only be read through once in the week, whilst the longest may take a couple of weeks or more to complete.

If for any reason one of the group was unable to complete the reading assignment for the week then the whole group repeats the same reading for the next week. Repeated reading of entire books is not a bad thing and will uncover fresh treasures each time through! Once all have completed the reading in the same week, they choose which book they will move on to.

3. **Pray** together. Pray for each other – for growth in character and for fruitful witness, as well as for any specific issues that may arise. Pray too, by name, for those of your contacts in whom you believe God is at work; two each makes a list of six in all. Choose one from the list each day and pray for them. Those who begin to seek Christ could join the LTG and multiplication will be imminent!

The strength of two or three

Here are several Biblical reasons why a smaller unit of two or three is better than a larger group when it comes to making and multiplying disciples.

Community (*Eccl 4:9-12*)

Life change does not occur in a vacuum; it happens in relationship with others. From the beginning God has said that it is not good to be alone. We need each other for encouragement and provocation.

Accountability (*1 Tim 5:19*)

Few things would get done in life without some degree of accountability. The New Testament lists at least twenty-eight "one another" commands. There's no doubt we need one another to live the life Christ intends for us.

Confidentiality (*Matt 18:15-17*)

It is easier to maintain confidentiality in a group of only two or three rather than a larger group of ten or twelve. The Lord specifically designated that two or three is best for the confession of sin.

Flexibility (*Matt 18:20*)

It is easier to coordinate the calendars of only two or three rather than a typical small group of fifteen. An LTG can meet anywhere and anytime!

Reproducibility (*2Tim 2:2*)

It is easier to reproduce a smaller, simpler group than a larger and more complex entity. Transformed disciples in community is the base unit for the kingdom of God.

LTG Conversation Questions

Here are some sharpening questions that could be asked of one another when the LTG meets. They aim to stimulate conversations about character issues in an environment of honesty, vulnerability, confidentiality and grace.

1. Have you been a testimony this week to the grace and truth of God both by your words and actions?
2. Have you spent adequate time this week practising spiritual disciplines?
3. Have you given time to building friendship and trust with someone who is not yet a follower of Jesus?
4. Have you given time, honour and understanding to your important relationships this week?
5. Have you been exposed to sexually alluring material or entertained inappropriate thoughts or fantasies about another this week?
6. Have you lacked integrity in your financial dealings or coveted something that does not belong to you?
7. Are you holding unforgiveness, anger or offence towards another?
8. Have you given in to addictive behaviour during this week?
9. Did you finish the reading and hear from God? What are you doing about it?
10. Have you just been completely honest with me?

Feel free to add other questions that 'fit' your group!

LTG Prayer Focus

- Pray for each other's growth in the light of your answers to the conversation questions.
- Write the names of two people each, in the spaces provided, from amongst your contacts, and begin to pray for them to come to know God personally.

WARNING!

This package
could seriously
damage
your 'self'

City Church Worcester

Lindisfarne House, 4 Barbourne Terrace, Worcester, WR1 3JS

T: 01905 726662

E: office@citychurchworc.org W: www.citychurchworc.org.uk

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a limited company registered in England & Wales

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**As iron sharpens iron,
so a man
sharpens his friend.**

Proverbs 27:17



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